



Resource List

Audio Tapes

Caregiving – Caring for yourself while you care for another adult.

De La Dificultad a la Esperanza – *The Rewards of Caregiving*.

Hardship into Hope – *The Rewards of Caregiving*.

Books

A Loving Voice II – A Caregiver’s Book of More Read-Aloud Stories for the Elderly.

ADHD - *A Complete & Authoritative Guide*.

Aging comes of Age – Older People Finding Themselves

Always on Call – When illness turns families into Caregivers

And Thou Shalt Honor - The Caregiver’s Companion

Asperger’s Syndrome - A Guide For Parents & Professionals.

Autism Spectrum Disorders – The Complete Guide to Understanding Autism, Asperger’s Syndrome, Pervasive

Caregiving - The Spiritual Journey of Love, Loss and Renewal (2 books)

Caring for Yourself While Caring for Your Aging Parents (2 books)

Changing Habits – The Caregivers’ Total Workout

Changing Places – A Journey with My Parents Into Their Old Age

Checklist for Aging

Coach Broyles’ Playbook for Alzheimer’s Caregivers

Coping as Caregivers

Creative Play Activities for Children with Disabilities

Daily Comforts for Caregivers

Development Disorder and other ASDs

Don’t Blame Mother, Mending the Mother-Daughter Relationship

Elder Care: A Six Step Guide to Balancing Work and Family

Grandpa Doesn’t Know It’s Me

Growing Up Poor - A Literary Anthology

Handbook for Mortals - Guidance for People Facing Serious Illness

Healing Conversations – What to Say when You Don’t Know What to Say

Help me Live – 20 things people with cancer want you to know

Helping Yourself Help Others - a book for caregivers

How to Care for Aging Parents

If Only I’d Had This Caregiving Book

Mayo Clinic on Healthy Aging

Men as Caregivers

My Father Forgets

My Mother, My Father

Necessary Losses

Nickel and Dimed

Parkinson's Disease – The Complete Guide for Patients and Caregivers

Powerful-Positive, Just for Women – Women and HIV

Preventing Caregiver Burnout

Self-Nurture – Learning to Care for Yourself As Effectively As You Care for Everyone Else

Share the care

Sisters and Brothers/Daughters and Sons: Meeting the Needs of Old Parents

Sunshine & Joy's Big Book of Alzheimer's Activities

Taking Care of Parents Who Didn't Take Care of You

That's My Child

The Alzheimer's Caregiver

The Cope Book – The Complete Care Manual for Patients & Their Families

The 36 Hour Day – A family Guide to Caring for Persons with Alzheimer's Disease

The Aging Parent Handbook – How to Take Care of Your Loved Ones

The Alzheimer's Caregiver

The Alzheimer's Sourcebook for Caregivers

The Caregivers' Journey – When you Love Someone with Aids

The Caregiving Years – Six Stages to a Meaningful Journey

The Cultures of Caregiving.

The Dysphagia Cookbook

The Forgetting Alzheimer's: Portrait of an Epidemic

The Gifts of Caregiving – Stories of Hardship, Hope & Healing.

The Help, Hope and Cope Book for People with Aging Parents

The Sandwich Generation – Caught Between Growing Children & Aging Parents

The Spiritual Journey of Family Caregiving

The Unexpected Caregiver – How Boomers Can Keep Mom & Dad Active, Safe and Independent

To Survive Caregiving

Understanding Dementia.

Wellbeing In Dementia – An Occupational Approach for therapists and careers

What if it's Not Alzheimer's

When All You've Ever Wanted Isn't Enough

Your Name Is Hughes Hannibal Shanks

DVD's

- Almost Home
- Autism: The Hidden Epidemic? (2)
- C.A.R.E.-Pro
- Funniest Moments of the Century.