



**FamilyMeans**  
CAREGIVING & AGING

Join us for a FamilyMeans Celebration in honor of

# National Family Caregiver Month

*Introducing PolkaSol*



Three amazing musicians share toe tapping tunes, danceable favorites and some humor to brighten your month!

**Friday, November 6, 3-4 p.m. via Zoom**

A concert for Caregivers, Care receivers, Family and Volunteers!

Join the fun by registering for a link to this FREE event- contact Heidi at [hricks@familymeans.org](mailto:hricks@familymeans.org) or call 651-789-4017