



FamilyMeans
CAREGIVING & AGING

Memory Café

A welcoming place for those with memory loss and their caregivers to come together each month.

First Tuesday

10:00am - 11:30am

Hy-Vee

7280 E. Point Douglas Road S.
Cottage Grove, MN 55016

Second Monday

9:00am - 10:30am

Lake Elmo Inn

3442 Lake Elmo Avenue
Lake Elmo, MN 55042

Second Tuesday

1:00pm - 2:30pm

R.H. Stafford Library

8595 Central Park Place
Woodbury, MN 55125

Fourth Wednesday

1:30pm - 3:00pm

Walking - Rice Lake Centre

6900 137th Street N.
Hugo, MN 55038

**Cafés will include facilitated conversation and community resources.
Join us each month to share, support and connect with
others in your community.**

Sign up by contacting Jenny West
651-789-4015 jwest@familymeans.org

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