



FamilyMeans
CAREGIVING & AGING

Community Connection

An opportunity for people with early memory loss to...
Explore New Places
Engage with Others

Autumn Joys



- **Stretch & Move with Compas artist Karla Nweje**
- **Fall inspired crafts & treats**
- **Celebrate Oktoberfest & learn its history**
- **Trip to the Carpenter Nature Center orchard for fall color & fresh pressed cider!**

5 Week Session

Thursdays, September 8-October 6, 1-4 p.m.

at FamilyMeans

\$175 for the series; reduced fee available.

Pre-registration is required.

Contact hricks@familymeans.org or call (651) 789-4017
to learn more and register.

Community Partners: COMPAS, Brookdale Foundation, Carpenter Nature Center