



FamilyMeans
CAREGIVING & AGING

Memory Screening Event

Are you having trouble keeping things straight?
Would you like to know if your forgetfulness is something to worry about?
Would it help to have tips to maintain your best memory?

Make an appointment for a free memory screening

**Tuesday, May 17, 2022
11:00 am to 1:00 pm**

 **Forest Lake YMCA**

**19845 Forest Rd N
Forest Lake, MN 55025**

FamilyMeans social workers will administer a confidential screening. Each memory screening will take about 5 minutes using a brief series of questions. Please allow an additional 10 minutes to discuss the screening results. The result is not a diagnosis, but it can suggest a need to speak to a physician. Participants leave with helpful information and a summary of the results. ***Walk-ins are welcome if space is available.***

To schedule your 15-minute appointment, contact Deb Newton at 651-789-4046.

Living**Healthy** | Washington
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