



FamilyMeans
CAREGIVING & AGING

Communicating Effectively with your Health Care Provider

Ever wonder if there is a way to improve communication with your health care providers? This seminar will help anyone who wants to increase communication, get more out of your office visit, and create a team approach towards your health care needs.

Tuesday, May 17, 2022
10:30 am to 11:30 am

 **Forest Lake YMCA**

19845 Forest Rd N
Forest Lake, MN 55025

Take action about your memory...

Sign up for a 15 minute memory screening 11:00 am – 1:00 pm

After the session, join FamilyMeans social workers to take a confidential memory screening. The result is not a diagnosis, but it can suggest a need to speak to a physician. Participants leave with helpful information and a summary of the results within 15 minutes.

Call Deb Newton to sign up at 651-789-4046

LivingHealthy | **Washington
County**

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