



**FamilyMeans**  
CAREGIVING & AGING

## Memory Café

A welcoming place for those with memory loss and their caregivers to come together each month.

### **First Tuesday**

10:30am – 11:30am

#### **Hy-Vee**

7280 E Point Douglas Road S  
Cottage Grove, MN 55016

### **Second Tuesday**

1:00pm – 2:30pm

#### **R.H. Stafford Library**

8595 Central Park Place  
Woodbury, MN 55125

### **Second Thursday**

9:00am – 10:15am

#### **Lake Elmo Inn**

3442 Lake Elmo Avenue  
Lake Elmo, MN 55042

### **Third Wednesday**

1:30pm – 3:00pm

#### **Hanifl Gathering Room**

7032 137<sup>th</sup> Street North  
Hugo, MN 55038

**Cafés will include facilitated conversation and community resources.  
Join us each month to share, support and connect with  
others in your community.**

Sign up by contacting Jenny West at 651.789.4015  
or email [jwest@familymeans.org](mailto:jwest@familymeans.org)