



FamilyMeans
CAREGIVING & AGING

FamilyMeans offers an evening respite group: Night Out!

Caregivers of older adults can take a break while their care recipient enjoys a fun night at FamilyMeans. Participants will enjoy various activities and games, eat dinner together, and enjoy conversation with others while being supervised by our volunteers and staff.

June 23, 2026
5:30pm-7:30pm

Porch Time with Phil

Volunteer Phil will be joining us, sharing his vocal talent and love for music. Plan to spend time outside!

July 28, 2026
5:30pm-7:30pm

Summer Camp

Revisit the magic of summers past through activities and stories that spark memories of friendships and adventure.

August 25, 2026
5:30pm-7:30pm

Summer Road Trip

Take a journey down memory lane with classic destinations, music, and stories that bring back road trips from past years.

WHAT TO BRING:

Participants are asked to bring a supper. There are several food options nearby, or we have a microwave available. If anything else is needed for that evening's activities you will be notified after you register.

REGISTRATION/INFORMATION:

NOTE: Each month will require you to re-register.

Contact our staff at caregivingaging@familymeans.org or 651-439-4840 to register or if you have any questions.

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