



FamilyMeans
CAREGIVING & AGING

Memory Café

A welcoming place for those with memory loss and their caregivers to come together each month.

First Tuesday

10:30am – 11:30am

Hy-Vee

7280 E Point Douglas Road S
Cottage Grove, MN 55016

Second Tuesday

1:00pm – 2:00pm

R.H. Stafford Library

8595 Central Park Place
Woodbury, MN 55125

Second Thursday

9:00am – 10:15am

Lake Elmo Inn

3442 Lake Elmo Avenue
Lake Elmo, MN 55042

Third Wednesday

11:00am – 12:00pm

Blue Heron Grill

14725 Victor Hugo Blvd N
Hugo, MN 55038

**Cafés will include facilitated conversation and community resources.
Join us each month to share, support and connect with
others in your community.**

Sign up by contacting Jenny West at 651.789.4015
or email jwest@familymeans.org