FamilyMeans
CAREGIVING & AGING

Community Connection

An opportunity for people with early memory loss to…

Explore New Places * Engage with Others * Connect to Community

Autumn Fest!

- **Look at Nature's seasonal changes with Belwin naturalist**
- **Celebrate Oktoberfest & other cultural fall festivals**
- **Share music with LouAnn from MacPhail**
- **Take a library tour of the beautiful Stillwater library**
- **Chair yoga and more…**

6 Week Session

Wednesdays, October 14- November 18, 1-4 p.m.

FamilyMeans

1875 Northwestern Ave S Stillwater, MN 55082

$250 for the series; reduced fee available.

Pre-registration is required.

Contact Heidi Ricks by email at hricks@familymeans.org or call (651) 789-4017.

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