



**FamilyMeans**  
CAREGIVING & AGING

# Community Connection

**An opportunity for people with early memory loss to...**

Explore New Places \* Engage with Others \* Connect to Community

## Moving into Fall

- Visit Belwin Conservancy to view Fall changes
  - Meet with a naturalist and ask questions
- Movement and creativity with special guest, Stuart Pimsler
  - Fall inspired fun
  - Apple Fest and social time

### 6 Week Session

**Wednesdays, October 16- November 20, 1-4 p.m.**

**\*October 16- meet at Belwin Conservancy, Afton**

**Other program days at FamilyMeans**

**1875 Northwestern Ave S, Stillwater**

\$250 for the series; reduced fee available.

Pre-registration is required.

**Contact Heidi Ricks by email at [hricks@familymeans.org](mailto:hricks@familymeans.org) or call (651) 789-4017.**

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