



FamilyMeans
CAREGIVING & AGING

Community Connection

An opportunity for people with early memory loss to...

Explore New Places * Engage with Others * Connect to Community

Nature & Music

- Day at Belwin Conservancy with Naturalist, Lynette Anderson
- Musician and Songwriter Kashimana leads community songwriting
- Planting garden boxes and nature-based activities each week

6 Week Session

Wednesdays, May 6-June 10

1:00pm-4:00pm

FamilyMeans

1875 Northwestern Ave S Stillwater, MN 55082

Transportation to Belwin included

\$250 for the series; reduced fee available.

Pre-registration is required.

Funded under an Award with Trellis as part of the Older Americans Act