



FamilyMeans
CAREGIVING & AGING

Caregiving & Beyond

Caregiving is full of rewards and challenges. When the person we care for dies, much of our caregiving role lingers on. It has a lasting impact on identity, interests, relationships, and more.

Join us quarterly in 2025 for resources, facilitated discussion, reflection, and support about life after caregiving.

Spring 2025

Wednesday, March 12th
10am-11:30am
FamilyMeans

Summer 2025

Wednesday, June 11th
10am-11:30am
FamilyMeans

Fall 2025

Wednesday, September 10th
10am-11:30am
FamilyMeans

Winter 2025

Wednesday, December 10th
10am-11:30am
FamilyMeans

Register and learn more about this event by contacting the Caregiving & Aging Team at phone number (651) 439-4840 or email CAintake@familymeans.org

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