FamilyMeans
CAREGIVING & AGING

NOVEMBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Forest Lake Community Connection: 12pm-4pm	4 Virtual Support Group: 10am-11am Community Connection: 1pm-4pm	5	6 Day Out: 10am-1pm
9 Journey Together: 10am-11am (Virtual)	10 Forest Lake Community Connection: 12pm-4pm In-person SG: 1pm-2:30pm Memory Cafe Woodbury: 1pm-2pm	11 Let's Do Coffee: 9:30am-11:00am Community Connection: 1pm-4pm	12 Memory Cafe Lake Elmo: 9am-10am In-person Support Group: Cottage Grove 1:30pm-2:30pm	13 Day Out: 10am-1pm
16	17 Forest Lake Community Connection: 12pm-4pm	18 Virtual SG: 10am-11am Memory Cafe Hugo: 11am-12pm Community Connection: 1pm-4pm Virtual SG: 5:30pm-6:30pm	19	20 Day Out: 10am-1pm
23 Journey Together: 10am-11am (Virtual)	24 In-person SG: 1pm-2:30pm	25	26 Agency Closed in Recognition of Thanksgiving	27 Agency Closed in Recognition of Thanksgiving
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Key:
Virtual SG = Virtual Support Group
In-person SG = In-Person Support Group

****Interested in a program? We would love to connect with you. Most programs require registration or a brief screening process before participation. Please contact us to get started! Click here for all event details.**