



FamilyMeans
CAREGIVING & AGING

Aging happens ~ let's plan for it

FamilyMeans welcomes the community to learn about aging-related resources and gain skills and strategies to plan for the future.

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| April 9 | 10-11:30am | Making Decisions: Legal and Financial Issues
Jeff Schmidt, Schmidt, Schmitz & Anderson |
| April 16 | 10-11:30am | When to Move: Understanding Senior Housing Options
Lauren Bednar, Oasis Senior Advisors |
| April 23 | 10-11:30am | Driving: Maintaining Independence
Kathy Woods, Courage Kenny Rehabilitation Services |
| April 30 | 10-12pm | Assistive Technology: Ideas and Tools for Your Home
Sue Redepening & Megan Hunter, LiveLife Therapy Solutions |
| May 7 | 10-11:30am | Daily Strategies for Aging with Independence
Dawn Hover OT, Good Samaritan Society |

Sessions include resources and a chance to ask questions with an expert.
There is no fee to attend!

Hosted by FamilyMeans
1875 Northwestern Avenue S | Stillwater, MN

Bring your friends and family to learn together and start planning ahead

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