



**FamilyMeans**  
CAREGIVING & AGING

## Memory Café

A welcoming place for those with memory loss and their caregivers to come together each month.

### Second Tuesday

**1:00pm-2:00pm**

R.H Stafford Library

8595 Central Park Place Woodbury MN 5512

### Second Thursday

**9:00am-10:00am**

Lake Elmo Inn

3442 Lake Elmo Ave Lake Elmo, MN 55042

### Third Wednesday

**11:00am-12:00pm**

Blue Heron Grill

14725 Victor Hugo Blvd N Hugo MN 55038

**Cafés will include facilitated conversation and community resources. Join us each month to share, support and connect with others in your community.**

Sign up by contacting our staff at 651-439-4840  
or email [familymeans@familymeans.org](mailto:familymeans@familymeans.org)

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